



GET OVER YOURSELF

THINGS I'VE LEARNED... USUALLY, THE HARD WAY.

My name is Sarah Guldalian. Nice to meet you. 😊

Before I start...

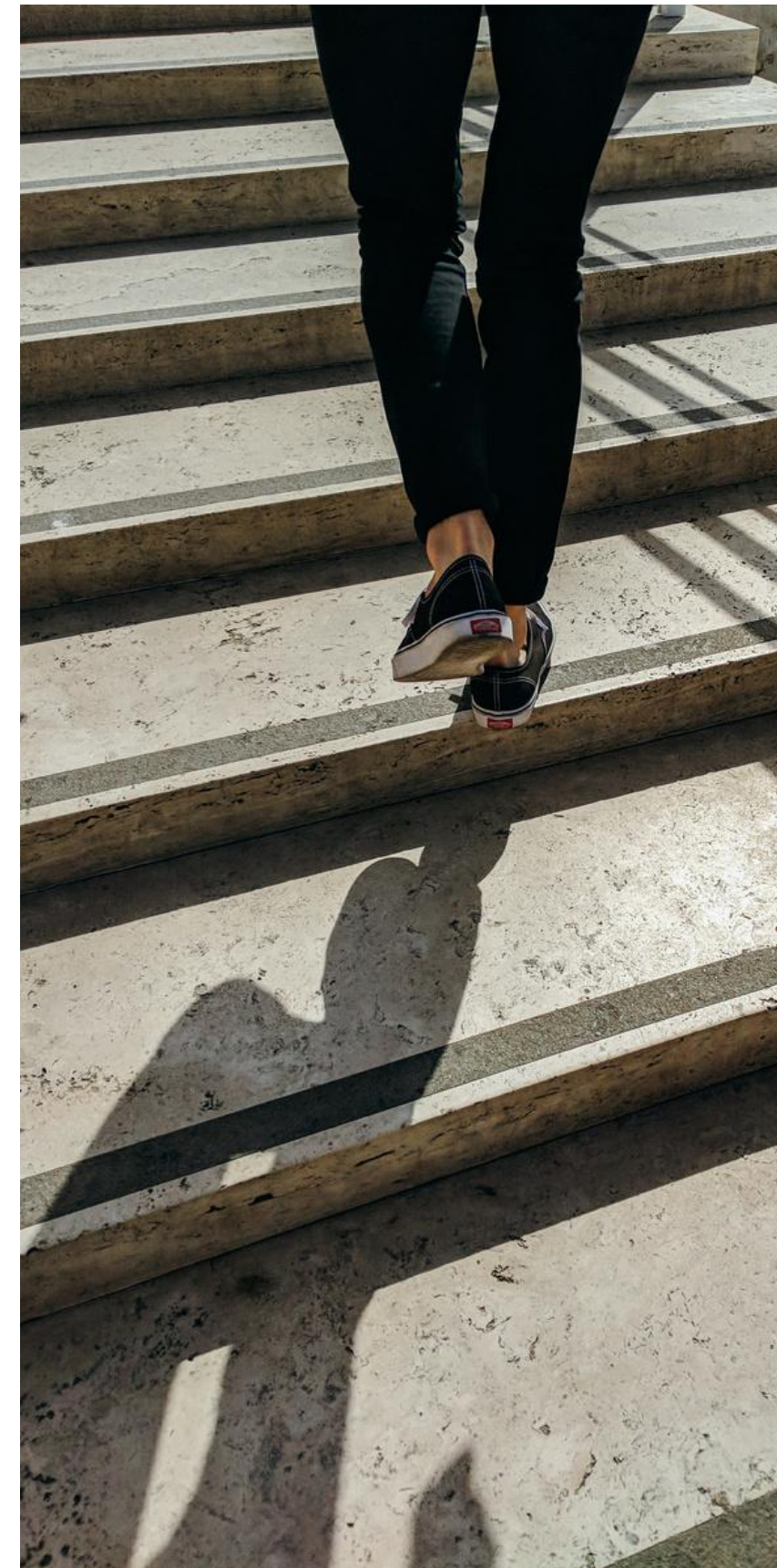
**DON'T BE OFFENDED.
I DIDN'T KNOW YOU'D
BE HERE.**

But I knew I would.

#ThingsIveLearned

#strongwilled

#surrender



**LET'S NOT CONFUSE IT.
WE ALL COME TO
JESUS WITH NOTHING.**



“We love because he first loved us.” - 1 John 4:19

“I am the vine; you are the branches. If you remain in me and I in you, you will bear much fruit; apart from me you can do nothing.” - John 15:5

#ThingsIveLearned

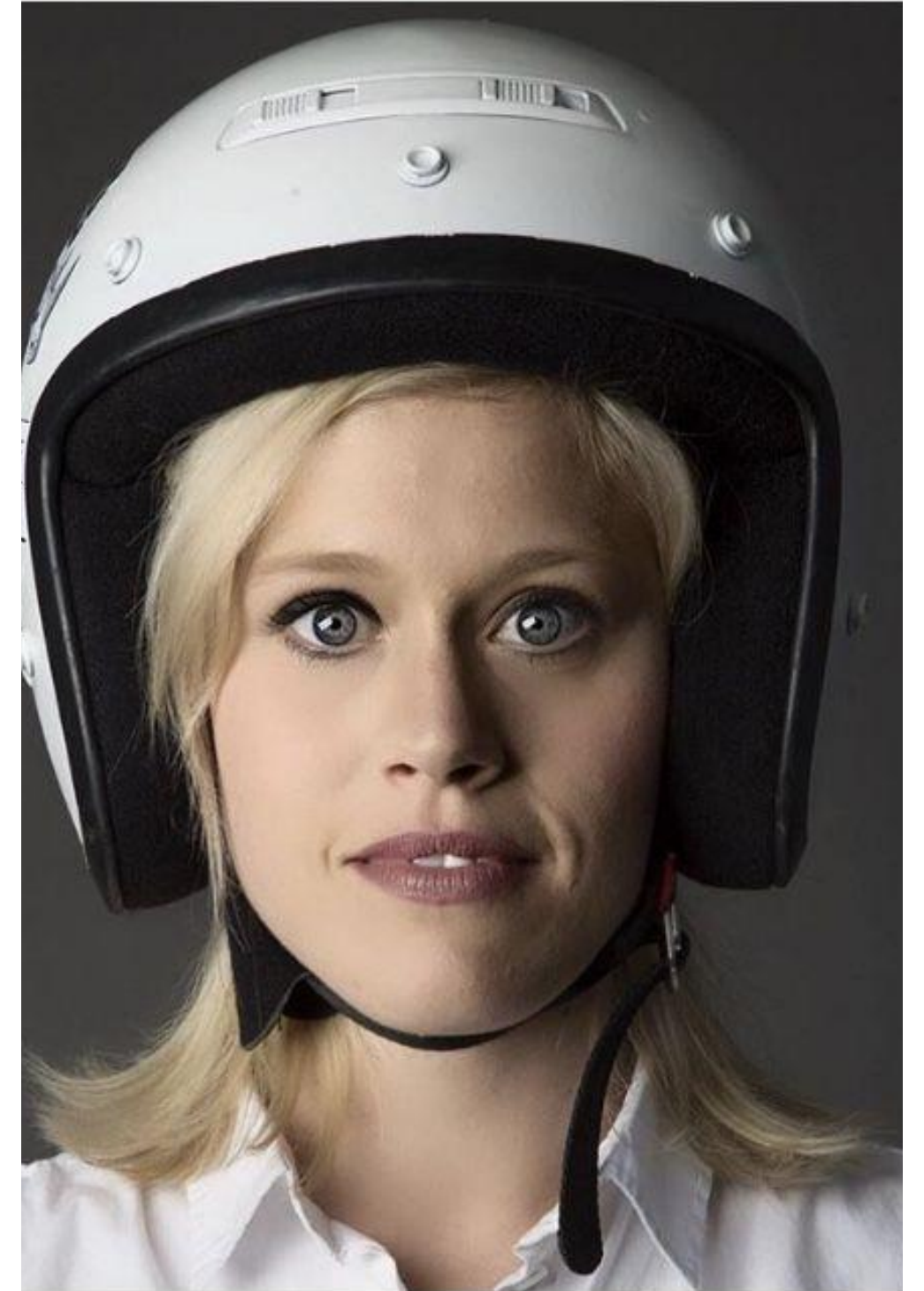
EGO IS OUR ENEMY.

self-sabotage



**PRIDE USUALLY COMES
FROM INSECURITY.**

**BUT WE CAN GET SET FREE FROM INSECURITY &
REJECTION TO THRIVE AS HUMANS & LEADERS.**



~~I MUST INCREASE NOTORIETY, FAME, FOLLOWERS...~~

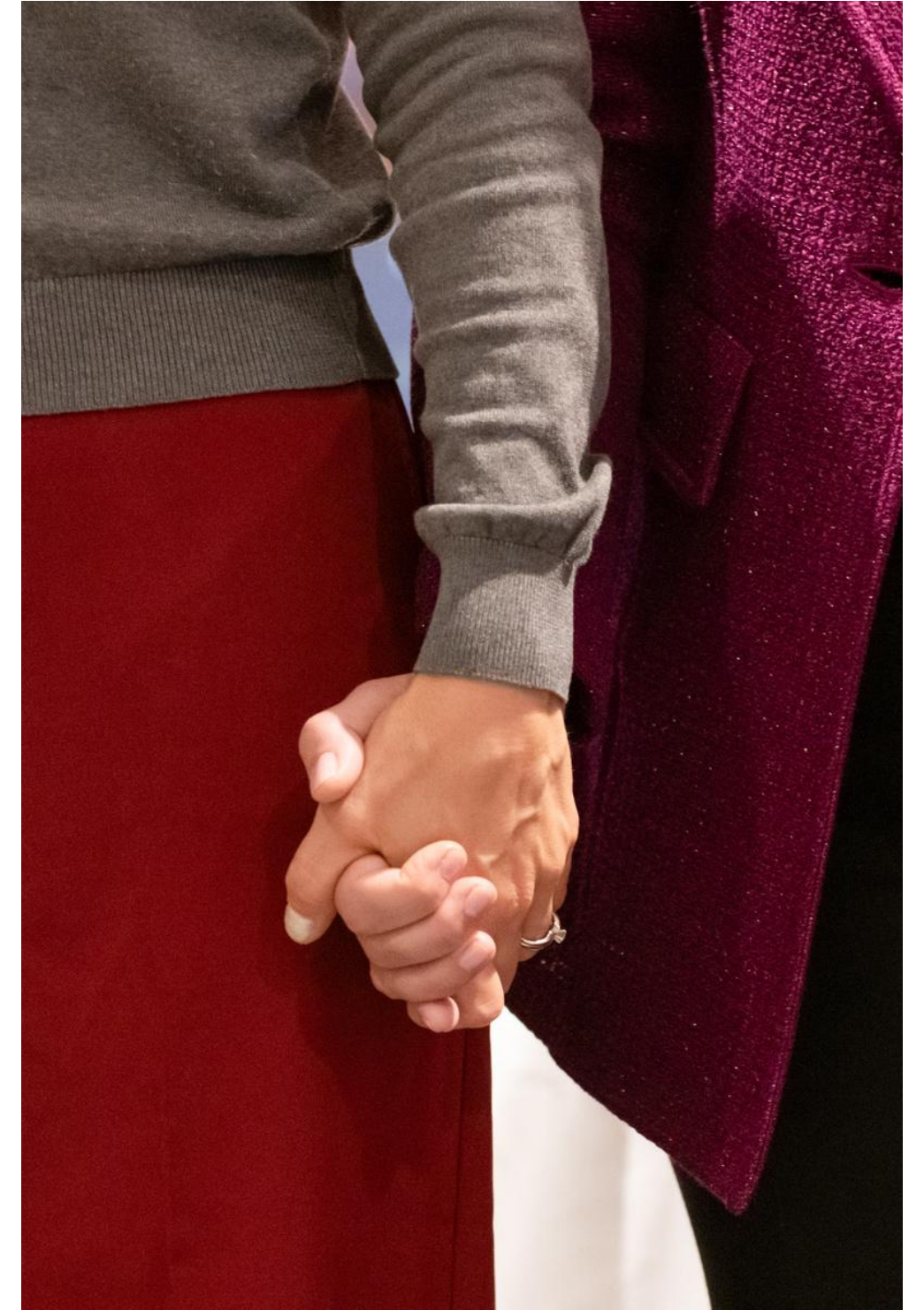
**“HE MUST BECOME
GREATER; I MUST
BECOME LESS”**

John 3:30



**PEOPLE LOOK TO US.
WE NEED TO POINT
THEM TO JESUS.**

WE ARE NOT THEIR SOLUTION. JESUS IS.



EVACUATING MY HUMAN MOTIVES

**“MAY THESE WORDS OF MY
MOUTH AND THIS MEDITATION
OF MY HEART BE PLEASING IN
YOUR SIGHT, LORD, MY ROCK
AND MY REDEEMER.”**

PSALM 19:14

MY PRAYER

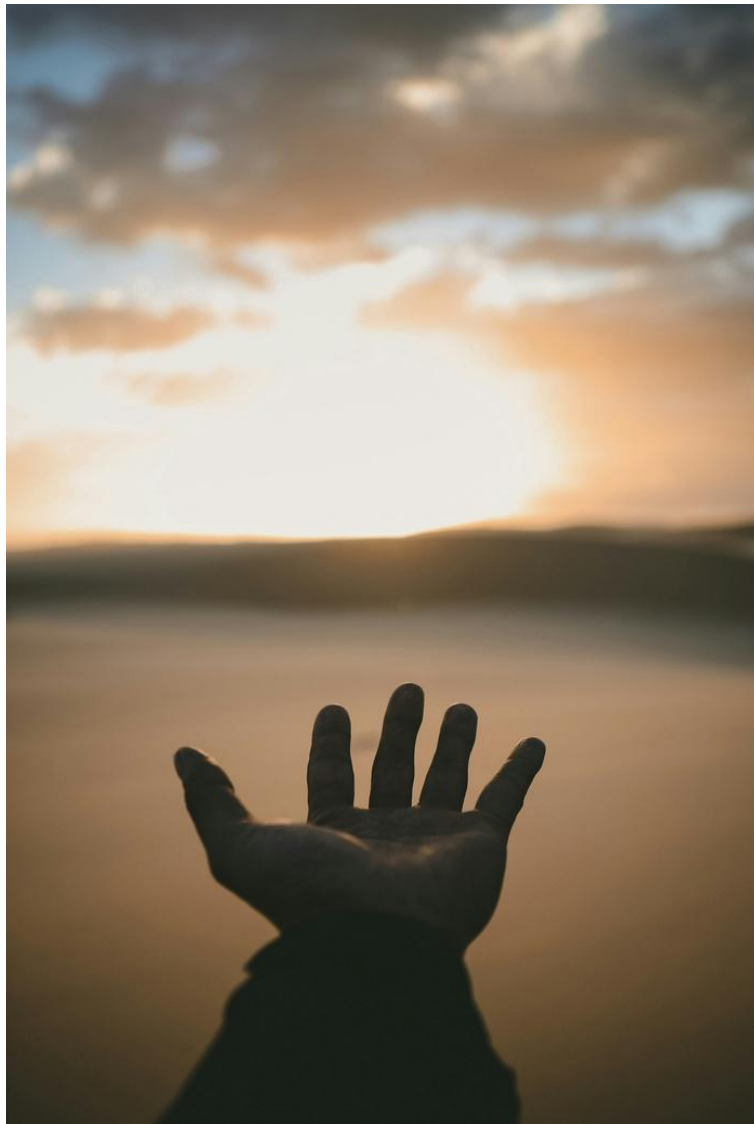
**“DEAR HEAVENLY FATHER,
I ASK YOU, IN THE NAME OF JESUS,
TO FILL ME. HOLY SPIRIT, SPEAK
THROUGH ME. HELP ME GET OUT
OF THE WAY. IN JESUS’ NAME.”**

**YOU ARE NOT ABOVE ANYONE &
YOU ARE NOT BELOW ANYONE.**

**“THERE IS NEITHER JEW NOR GREEK, THERE IS NEITHER
SLAVE NOR FREE, THERE IS NO MALE AND FEMALE, FOR
YOU ARE ALL ONE IN CHRIST JESUS” (GALATIANS 3:28).**



GET PAST THE TEMPORAL & FIX YOUR EYES ON THE ETERNAL.



In the end, only Jesus will be standing.

REMEMBER

**YOU ARE MORE THAN A NUMBER,
MORE THAN A WEIGHT, AN AGE,
A SIZE, A SALARY, A ZIP CODE,
OR SALES GOAL.**

**DON'T LOVE SOMETHING
THAT CAN'T LOVE YOU BACK.**

“Keep your lives free from the love of money and be content with what you have,
because God has said, ‘Never will I leave you; never will I forsake you.’” - Hebrews 13:5

REMEMBER

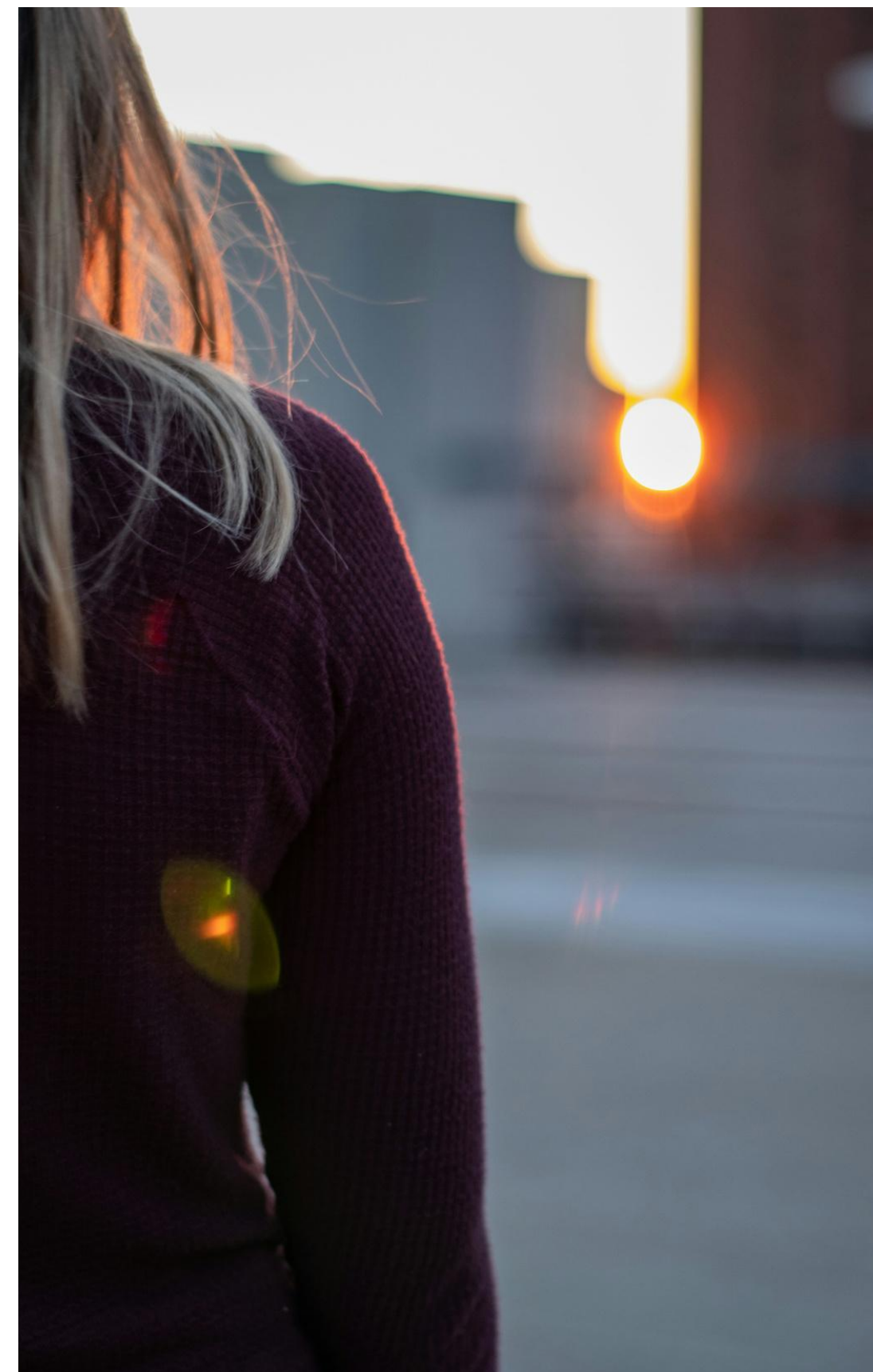
**YOU ARE A CHILD OF GOD,
CREATED WITH DEEP PURPOSE
& UNCHANGING VALUE.**

**SO DON'T LET THE VICTORIES OR
FAILURES STICK AROUND TOO LONG.**

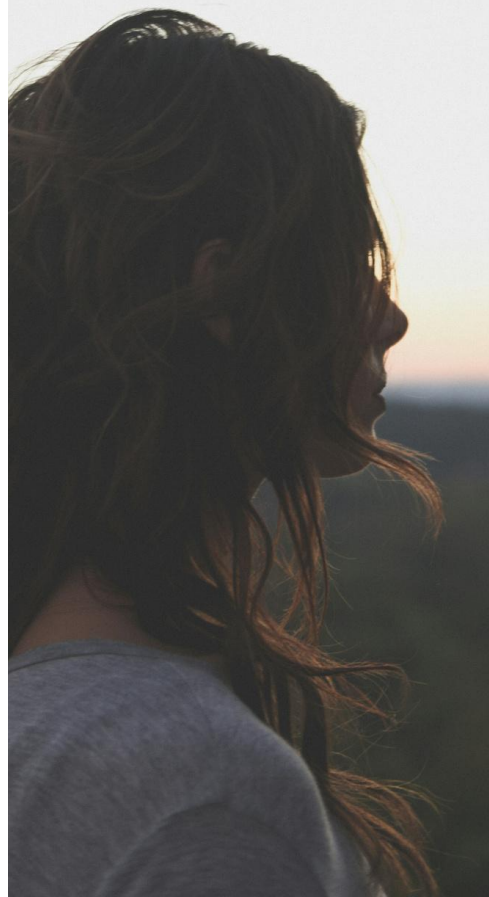
GIVE IT TO GOD, AND MOVE ON.



WHAT IS OUR MOTIVATION?



**POPULARITY IS AN
OBLIGATION THAT
CHAINS YOU TO
COUNTLESS MASTERS.**



**CARING FOR OTHERS AND
CARING WHAT OTHERS THINK
ARE OPPOSITE.**

**ONE IS ABOUT
OTHERS.**

**ONE IS ALL ABOUT
YOU.**



**THINKING LOWLY OF YOURSELF
CAN STILL BE A WHOLE LOT OF
THINKING ABOUT YOURSELF.**

Get over yourself.
Go help someone else.



DON'T FORM AN ATTACHMENT TO THE OPINIONS OF CRITICS.

"For am I now seeking the approval of man, or of God? Or am I trying to please man?
If I were still trying to please man, I would not be a servant of Christ." – Galatians 1:10



**DON'T TAKE THAT
COMPLIMENT
PERSONALLY.**



You heard me right.

Give God the glory. Honor those who helped.



**P.S. I DON'T NEED
TO HAVE AN OPINION
ABOUT EVERYTHING
EITHER.**

GET OVER YOURSELF.

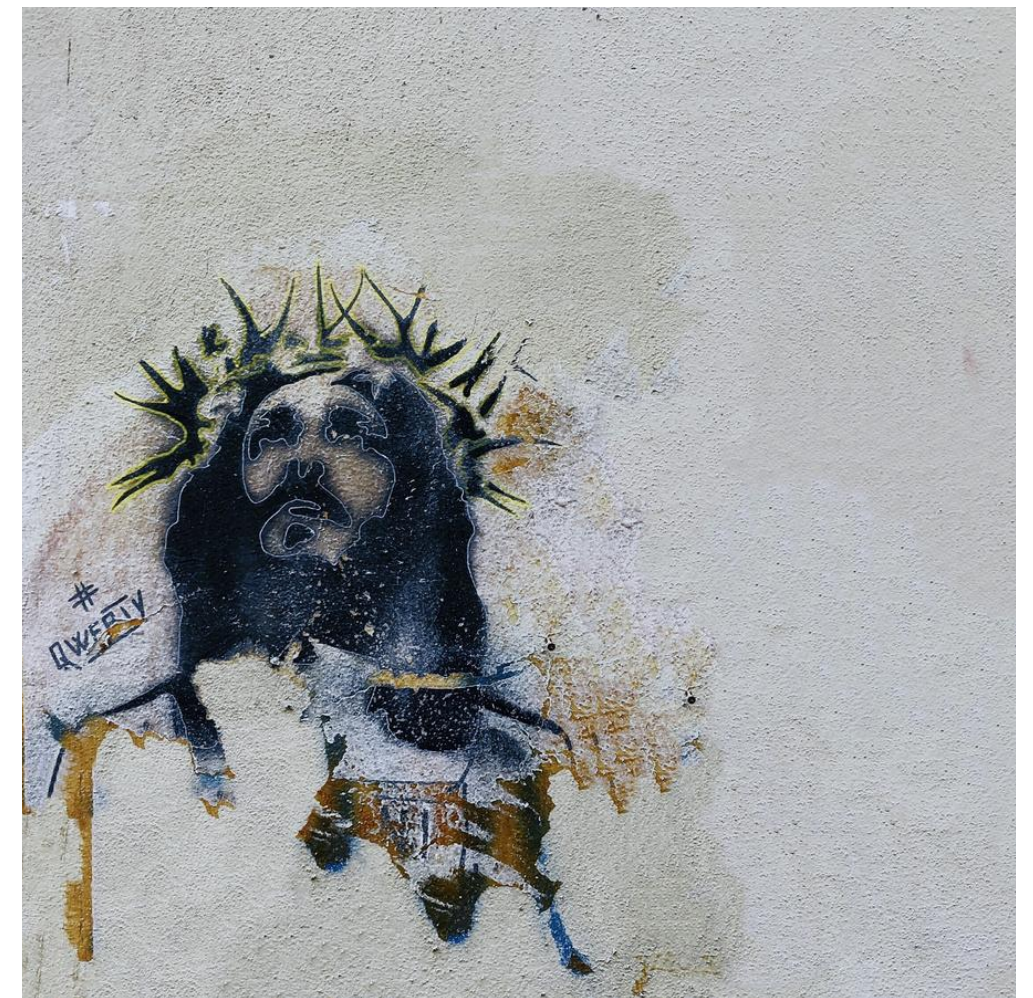
In other words...

COME TO THE END OF YOURSELF.

SURRENDER YOUR PRIDE & REPUTATION TO JESUS.



FIX YOUR EYES UPON JESUS.



**HUMBLE YOURSELF,
OR GOD WILL DO IT FOR YOU.**

"THE LORD MAKES POOR AND MAKES RICH; HE BRINGS LOW AND HE EXALTS."

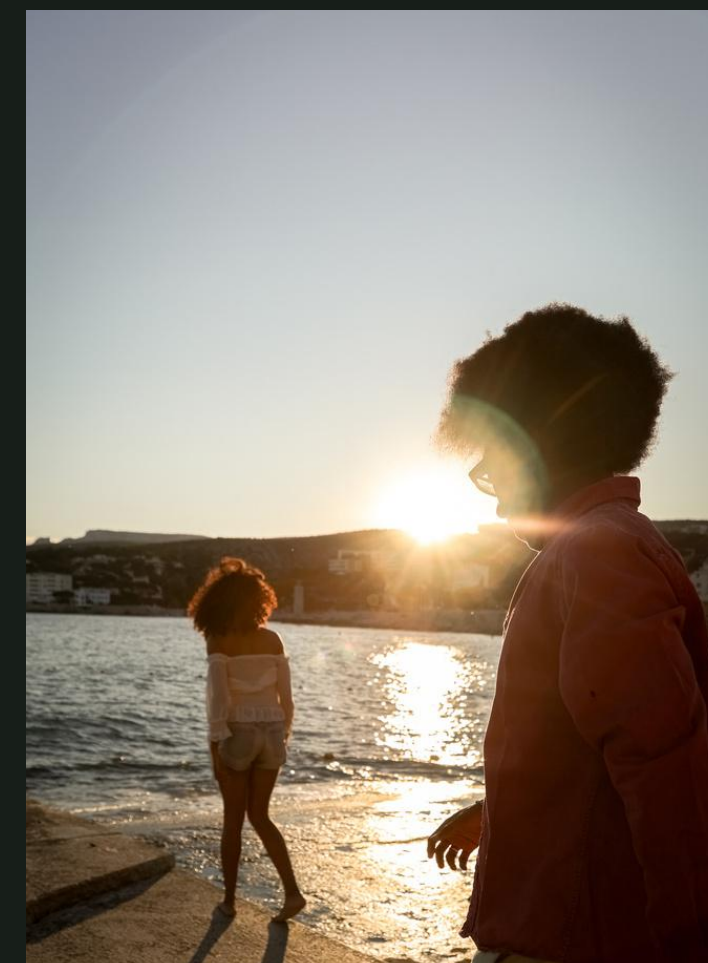
1 Samuel 2:7

surrender

**OBEY GOD WHETHER
IT'S POPULAR OR NOT.**



**UNTIL WE DIE TO SELF,
WE CAN ACCOMPLISH
NOTHING OF VALUE.**



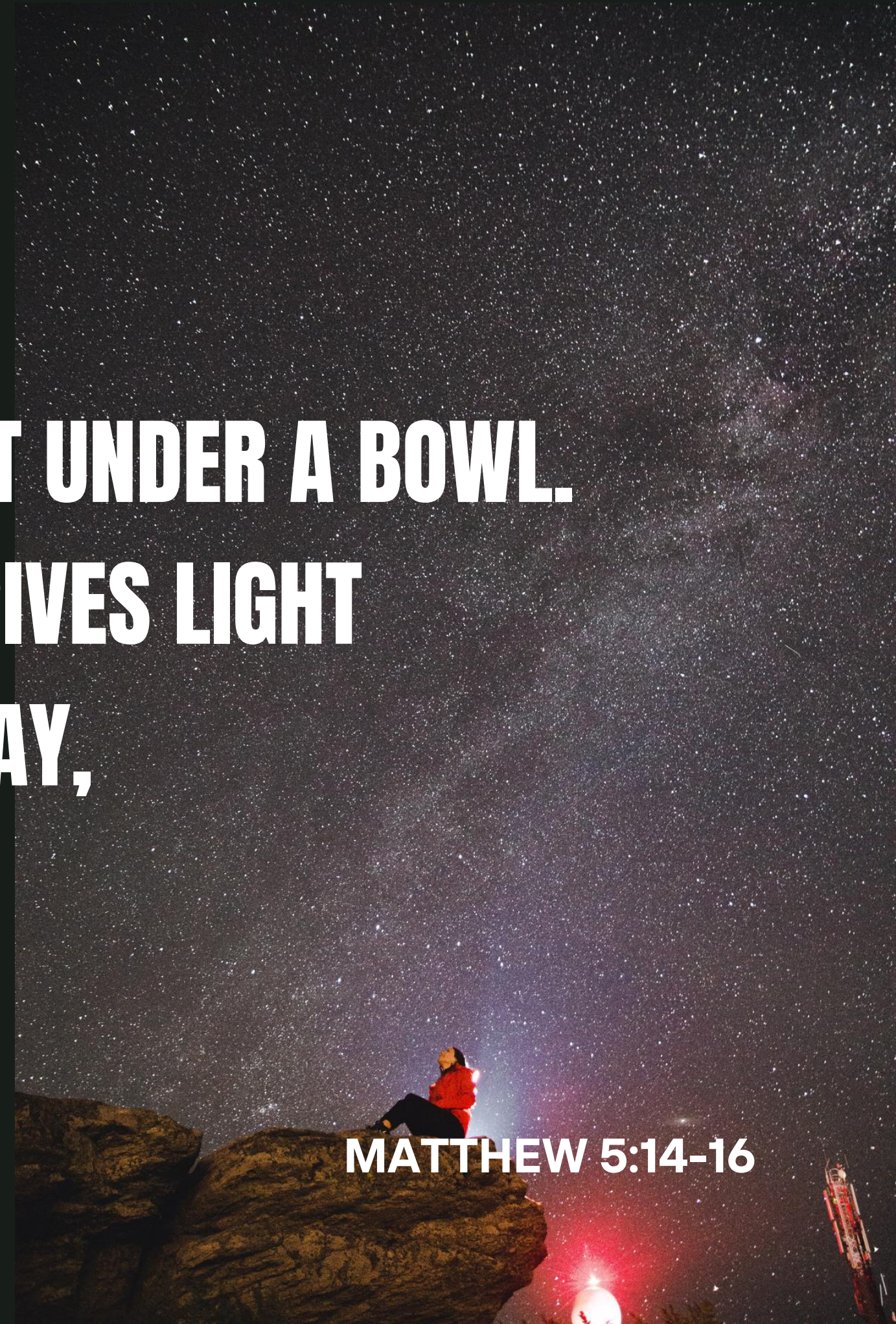
**IT'S A RELIEF TO GET OVER
YOURSELF. OUR EGOS ARE
TOO FRAGILE TO MANAGE.
IT'S EXHAUSTING.**



THINGS I'VE LEARNED

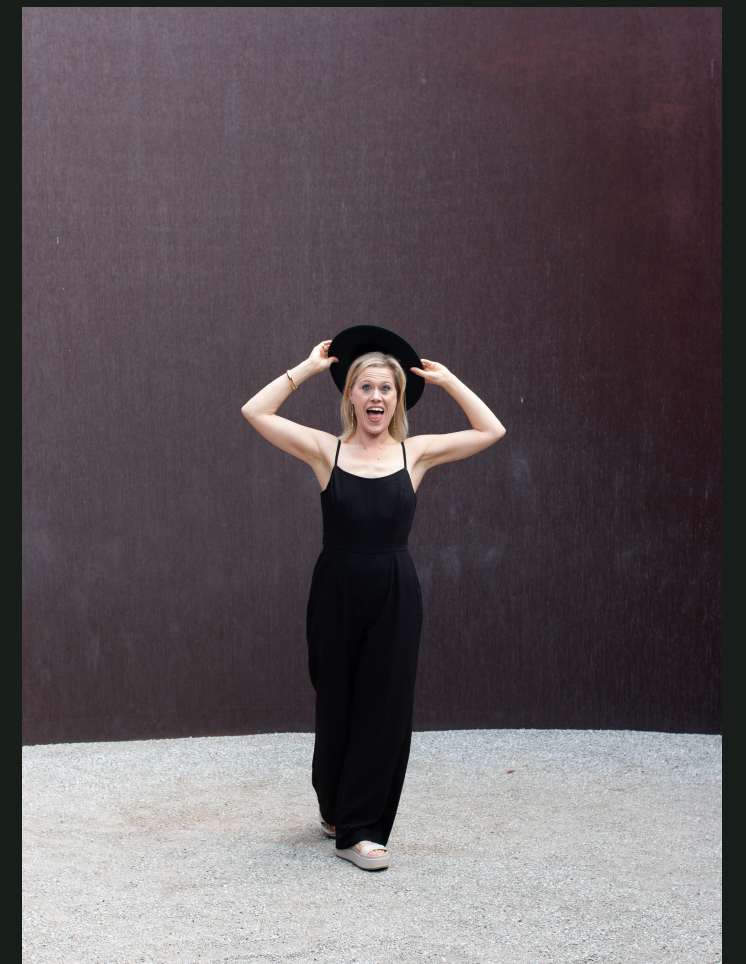
**“YOU ARE THE LIGHT OF THE WORLD.
A TOWN BUILT ON A HILL CANNOT BE HIDDEN.
NEITHER DO PEOPLE LIGHT A LAMP AND PUT IT UNDER A BOWL.
INSTEAD, THEY PUT IT ON ITS STAND, AND IT GIVES LIGHT
TO EVERYONE IN THE HOUSE. IN THE SAME WAY,
LET YOUR LIGHT SHINE BEFORE OTHERS,
THAT THEY MAY SEE YOUR GOOD DEEDS
AND GLORIFY YOUR FATHER IN HEAVEN.**

MATTHEW 5:14-16



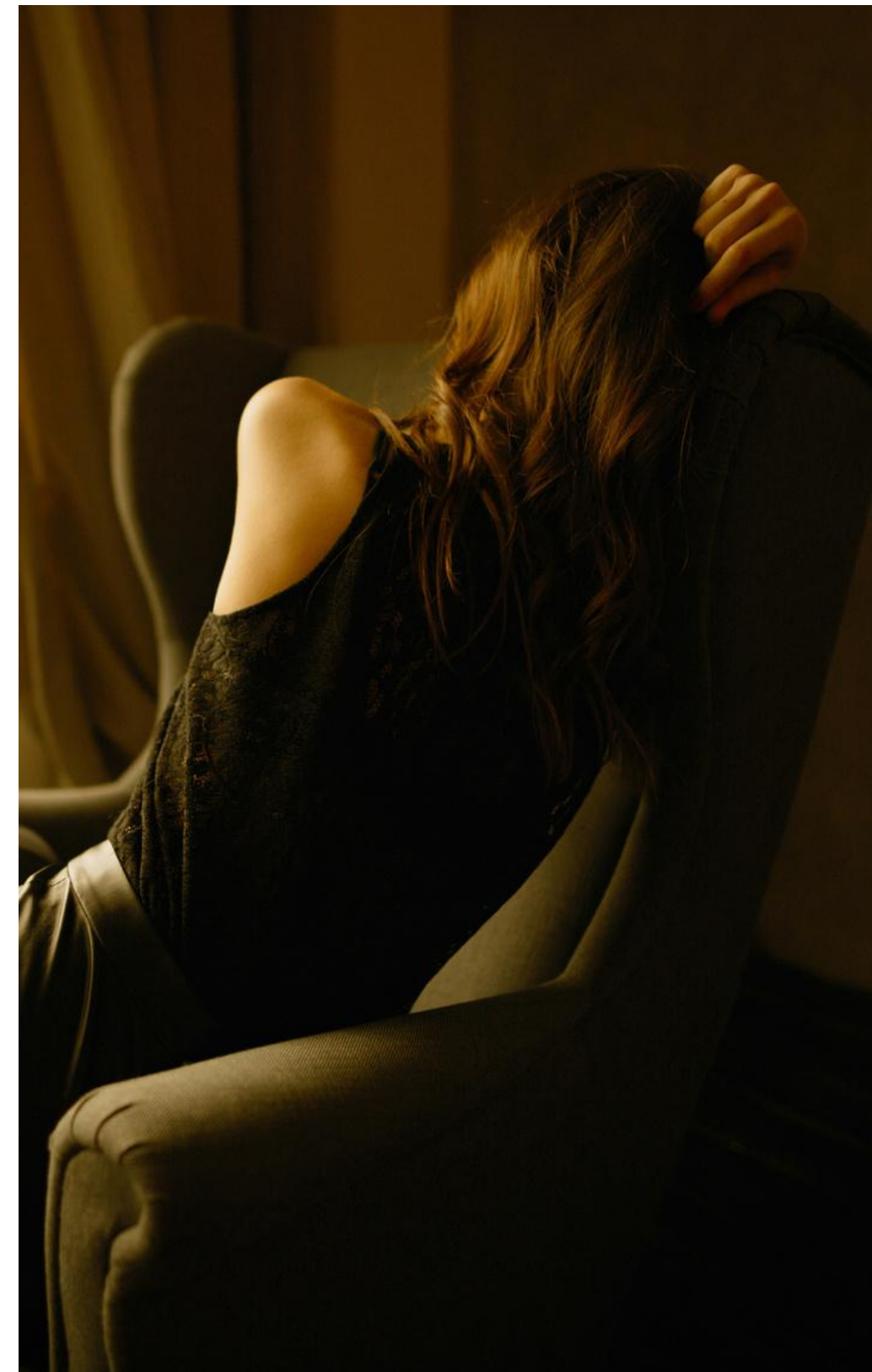
**WHO CARES IF BEING KIND
MAKES YOU LOOK WEIRD?**

We should look different!



shine

**THERE IS A WORLD
OUT THERE LITERALLY
DYING FOR HOPE.**

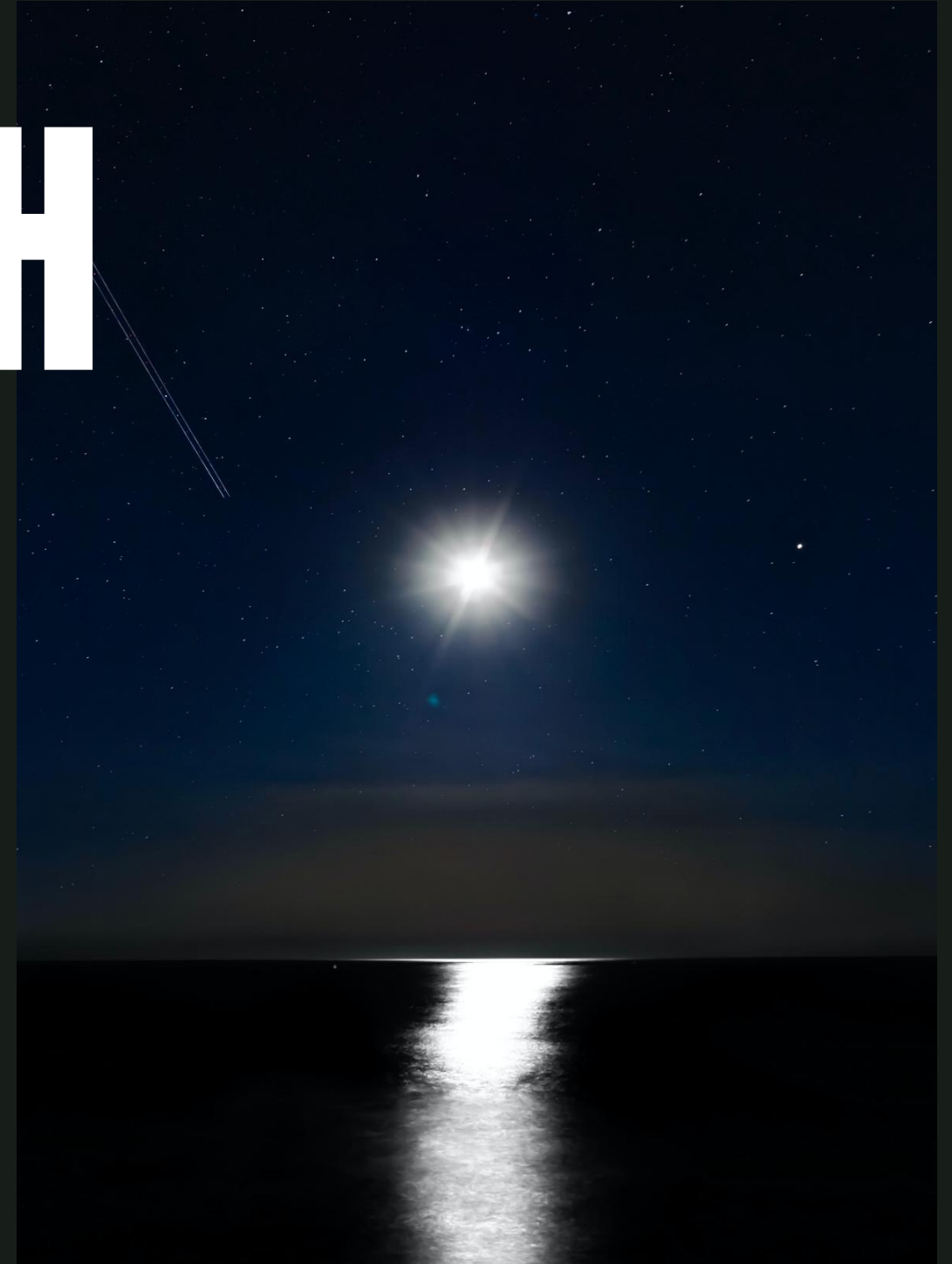




**WE MUST BE
WILLING TO BE
UNCOMFORTABLE
IN LIFE, BECAUSE
DOING WHAT IS
CHRIST-LIKE IS OFTEN
UNCOMFORTABLE IN
THIS DARK WORLD.**

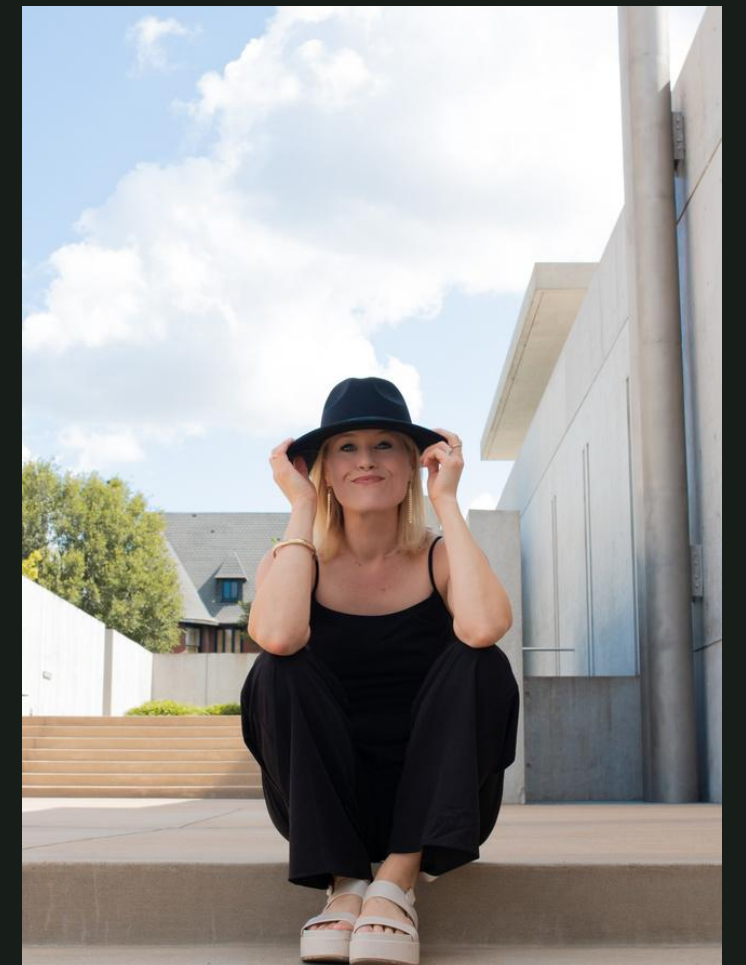
**DON'T BLOW OUT YOUR
LIGHT TO BLEND IN WITH
THE DARKNESS.**

DON'T WITHHOLD COMPLIMENTS.



DON'T MUTE YOUR PERSONALITY TO CONFORM.

ADD COLOR TO THE GRAYSCALE AROUND US.



SHINE BRIGHT!



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MY BLOG